

Anita Kulkarni is a Hindustani Classical vocalist trained under eminent music personalities of India for the *Gharana* style *Gayaki* (*Gwalior*, mainly) for over two decades. With a soulful voice of deep tonal quality Anita has performed widely and has published music on her name. Anita's well-researched theme-based live solo presentations including *Nirmohi* (*a musical solo on the life, poetry and devotion of Kabeer*) and *Bhaav Bhairavi* (*Exploring raaga Bhairavi for its momentous appeal via a set of different genres*) as also the deep-core *raaga-sangeet* have always been well-received.

Anita explores music for its beauty and power to be immensely therapeutic. Music, the Indian legacy universally acclaimed for its charm and spiritual essence is a natural de-stressor. Music centers one by bringing the mind-body equilibrium, and helps gain focus, balance, concentration, and health at large for the healthy, recouping, or ailing alike. For artists, music is powerful in invoking creativity. With research and insights on **Music as Therapy**, Anita's designed and curated music appreciation workshop called **Gandhaar** has benefitted diverse audience groups in India and the USA. A program supported by prestigious art grants and philanthropists, the participative workshop explains music for its characteristic *trance and meditation* as it decodes the *ragas* for their innate emotion, through rich demonstrations and guided listening.

Anita founded **Renu Forum for the Arts**, a New Jersey, USA-based 501-c-3 nonprofit organization where she serves as Artistic Director. With the mission of taking the uplifting Indian music to World audiences, Renu has a rich repertoire of artistic productions including lecture-demonstrations, workshops and professional stage musicals that have been staged at top venues in Mumbai, New York, and Europe. Media, artists, art critics, novices and connoisseurs have summarized the Renu live work and experience as supremely constructive, affecting, unforgettable, and sensory.

Anita Kulkarni is an architect by training and profession. She is based in Greater Princeton, New Jersey, USA and splits her time between USA and India each year where her musical projects are prolifically active.

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