



## **Dr. Hetal Pathak**

**Naturopathic Physician | Music Practitioner | Versatile Vocalist**

Dr. Hetal Pathak is a distinguished **Naturopathic Physician** and an innovator in **Raaga Music Therapy**, dedicated to promoting holistic healing through the power of music. As **Vice President of Raaga Music Therapy LLC, Virginia, USA**, Dr. Pathak focuses on the transformative effects of ragas in promoting mental, physical, and emotional well-being. In this leadership role, she drives research initiatives that advance the global understanding and therapeutic application of music, with a particular emphasis on ragas.

Dr. Pathak's academic background is equally impressive. She holds an **M.D. ( Doctor of Medicine )** in **Naturopathy** from the **All India Yoga & Nature Cure Council (Reg. No. 0449)**, a **Master's in Performing Arts (Hindustani Classical Vocal)** from **The Maharaja Sayajirao University of Baroda**, and a **Visharad in Classical Music** from **Gandharv Mahavidhyalaya, Ahmedabad**. This unique blend of expertise in naturopathy and music empowers her to pioneer treatments that blend natural medicine with the therapeutic effects of music, specifically ragas, for conditions like stress, anxiety, depression, and chronic pain.

As the co-founder of **Swaraatmaa Musical Events**, Dr. Pathak merges the healing aspects of music with live performances and educational programs. **Swaraatmaa's** mission is to raise awareness about the therapeutic power of sound and promote emotional and mental well-being through music therapy.

At **Mamta Clinic** in Vadodara, Dr. Pathak provides non-invasive, personalized healthcare solutions that combine naturopathic treatments with Raaga Music Therapy. She specializes in treating chronic conditions like hypertension, diabetes, thyroid disorders, and psychosomatic illnesses. Her online practice, **Dr. Hetal's Nature Cure Clinic**, extends her services to clients across India (**Ahmedabad, Surat, Mumbai**) and internationally (**USA, UK, Dubai, Canada**), offering holistic, nature-based treatments that incorporate the healing power of ragas.

A highly sought-after speaker, Dr. Pathak regularly delivers insightful presentations on topics like **Raga Music Therapy for Stress Management** and **Music's Role in Managing Chronic Illnesses**. She has presented at prestigious venues such as **GSFC Vadodara, GSFC Skill, Vadodara International Airport**, and **Dharmsinh Desai University, Nadiad** where her work continues to inspire and educate audiences.

Dr. Pathak is also a passionate educator, teaching **Hindustani Classical Music** to students of all ages. Her music instruction is deeply therapeutic, promoting not only musical excellence but also holistic personal development in her students.

As a seasoned performer, Dr. Pathak has captivated audiences in major cities such as Vadodara, Ahmedabad, Mumbai, and Jamnagar. Her versatility spans classical to contemporary music, earning her widespread recognition for her artistic contributions.

Dr. Hetal Pathak's pioneering work, combining **Naturopathy** and **Music Therapy**, has earned her respect and admiration across the globe. Her commitment to healing through natural medicine and the therapeutic power of music continues to transform the lives of her patients and students alike.

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